



ST. HELEN'S CATHOLIC PRIMARY SCHOOL BULLETIN



ASSISI
CATHOLIC
TRUST

25th September 2026

DATES FOR YOUR DIARY

A hard copy of the St Helen's Calendar Dates 2026-2027

with all the dates for the upcoming school year has already been sent home with your child.

Things happening next week

Tuesday 29th Sept-KS1 reading with Parents/Carers begins - 08.30 am

Thursday 1st Oct- Year 6 Screens Assembly-Year 6 families invited-9 am

FRIDAY 2ND OCTOBER 2026

SCHOOL CLOSED TO PUPILS

Assisi Catholic Trust Training Day

For all the parents of the new Reception Children

Monday 28
September

EYFS Reading
meeting-
2.30 pm

St. Andrew

St. Patrick

St. David

St. George

Our Mission Statement

Respect yourself

Respect everyone in our school community

Respect everyone in our local community

Respect everyone in our global community

But most of all,

Respect God our Father in Heaven



North Road
Westcliff on Sea



www.st-helens.southend.sch.uk



Essex, SS0 7AY



www.schoolgateway.com

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Values Children

RESILIENCE

EMPATHY

SERVICE

PATIENCE

ENJOYMENT

COURAGE

TRUSTWORTHINESS

Once all the children have started Reception classes, they will be added to the list.

1 St John Fisher	Arvy Ruquat - Trustworthiness - Arvy can always be trusted to make the right choices, she is always so kind and caring towards others. Arvy makes sure her classmates have everything they need and is thoughtful about making sure everyone is included and ready to learn. Well done Arvy!
1 St Margaret Clitherow	Nathaniel Chikandwa- Patience- Nate has made an excellent start to year 1. He has been noticed for waiting patiently for his time to go and do sports with Lucy. Yesterday Nate was seen to encourage others to do the right thing in the classroom. We are very proud of him.
2 St Augustine	Vianna Esiekpe - Enjoyment- she has shown great enthusiasm for her learning, especially in RE, always putting her hand up and sharing her ideas and knowledge.
2 St Ursula	Jana Maroto-Solis - Courage - Jana has had the courage to participate enthusiastically in lessons this week and she has encouraged others in the class as well. She has been a great role model since the beginning of the term. Well done Jana!
3 St Thomas Becket	Hunter Johnson - Resilience - in Science Hunter was drawing a flow chart of how a fossil was formed. He wasn't happy with his first attempt. I offered to print the cycle out for him, but he said he did not want the print out and sat for ages doing it again carefully. Keep it up Hunter!
3 St Cedd	Jessica Stroia - Trustworthiness - Jess always shows a caring and respectful attitude towards her peers and members of staff. She looks after her classroom and makes the right choices even when no-one is watching. She is an excellent role model. Well done Jess!
4 St Bede	Jeffrey Asante - Resilience - Jeffrey has been taking increasing responsibility for his learning this week. He has demonstrated a positive attitude, independence and has really improved his focus. Well done Jeffrey and keep it up!
4 St Swithun	Daniel Blini - Enjoyment - Daniel showed wonderful focus, interest and enthusiasm in RE this week and was able to retell the story of Abraham's life so well. Keep it up, Daniel!
5 St Columba	Amber Lara- Empathy- Amber is always happy to offer her help to her peers in class that may need support and always with a friendly smile. She shows respect to the other members of her classroom and is always willing to help if needed and without hesitation when asked.
5 St Alban	Lorenzo Gouveia- Enjoyment- it was lovely to see how much you enjoyed our tennis session yesterday! Your enthusiasm was brilliant and I loved your fantastic rally with Ms Ives! Well done!
6 St Anne Line	Emmanuel Aformale-Enjoyment- for making an excellent Bug Hotel and showing great enjoyment while making it.
6 St Osyth	Cassie Carvalho-Resilience- for not giving up while making her Power Point, even though she found it difficult. Well done Cassie!
MDA Award	Isio Oghenemine-2 St Augustine-Enjoyment- for playing and sharing activities with others.

Today is

MR NOURISH's BIRTHDAY PARTY

Thursday
01 OCT

ORANGE BAGUETTE

Beef Burger in a Bun 1,3,5
Vegetable Fajita 1 VG **RED GREEN**
Jacket Potato with a Choice of Fillings 7,8,9 **BLUE**

Potato Wedges
Sweetcorn

Iced Birthday Cake 1 VG
Mr Nourish Confetti Cookies 1 VG

NOURISH

Dishes marked with any of the following numbers contain the matching allergen:
1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celery/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

Thursday
22nd Oct
↑

NOURISH

BLACK HISTORY MONTH

SPECIAL MENU WITH DELICIOUS DISHES

OCT

◆ ◆ ◆ ◆

Cuba's Ropa Vieja (Shredded Beef & Tomato Stew) **RED**

Bahamian Hot Patties (Spiced Vegetable Patty) 1 VG **GREEN**

Rice & Peas

Caribbean Corn

Dominican's Vanilla & Citrus Cake 1VG **ORANGE BAGUETTE**

Lime Cookies 1VG **BLUE JACKET POTATO**

Fruit Pots VG

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V Vegetarian VG Vegan

£4 Pay As You Go
(Card Only)



Every Thursday
During Term Time

5:45pm To 6:45pm

Athletics Club

Sibling Discounts!
Weekly Trophies Given Out!

Where?

Southend High School For Girls

Southchurch Boulevard
Southend-on-Sea
SS2 4UZ

Year Groups

Year R/1/2

Year 3/4

Year 5/6



Dedicated Coaches

That Will Always Put Your Children First!



Southend Under 11s Athletics Club



SouthendSSP

www.spssa.co.uk

Glow for Havens

Light up the night and
support Havens
Hospices



SCAN
ME!

