ST. HELEN'S CATHOLIC PRIMARY SCHOOL

BULLETIN

9th October 2026

Things happening this week

Monday 12th October– Spanish Day-themed lunch

St Patrick's Parents' Evening-3.45-5.15pm

Tuesday 13th October-St George's Parents' Evening 3.45-5.15pm

Wednesday 14th October-Individual and siblings photos from 08.10

St David's Parents' Evening-3.45-5.15pm

Thursday 15th October-St Andrew's Parents' Evening-3.45-5.15pm

Friday 16th October-Parents/Carers invited for the Rosary 08.30 via green gates

If anyone would like a Winter coat, then please pop into the office and see Mrs Sears as she has some spare ones.



CLUBS– just a reminder these clubs are not on next week because of the Parents' Evenings

(they were not included in the dates for clubs)

Monday 12th October-No Church Choir or Athletics Club

Tuesday 13th October-No Art Club or Volleyball

Thursday 15th October-No Athletics Club or Nature Area or Choir

Minichamps Clubs will be still be on-Football 14/10 , Boxercise 15/10, Basketball 16/10, Fencing 16/10 & Dancing 16/10 (outside providers)

St. Andrew	955
St. Patrick	1295
St. David	926
St. George	1210

Our Mission Statement

Respect yourself

Respect everyone in our school community

Respect everyone in our local community

Respect everyone in our global community

But most of all,

Respect God our Father in Heaven

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Westcliff on Sea

Essex, SS0 7AY

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www.schoolgateway.com

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office@st-helens.southend.sch.uk

Values Children

RESILIENCE

EMPATHY

SERVICE

PATIENCE

ENJOYMENT

COURAGE

TRUSTWORTHINESS

R St Sebbi	**Marvel Olorogun - Service** - for his dedication to tidying up the classroom, never stopping until everything is tidied away.
R St Boniface	**Nathaniel Ansah-Service**-for always looking to help everyone, adults and children alike.
1 St John Fisher	**Danabliss Segun - Enjoyment** - Danabliss always brings a wonderful smile and positivity to our classroom. She shows such enjoyment when joining in with class songs, confidently singing and creating her own dances. Keep it up, Danabliss!
1 St Margaret Clitherow	**Emela Chirata- Enjoyment**- Emela showed great enthusiasm and joy on our doctor and nurses day. She demonstrated secure science learning to our visitor Nurse Audrey.
2 St Augustine	**Caitlin Farrel- Patience**- for always being slow to anger, she takes her time with her work making sure it is the best it can be, she takes care of the classroom and is always helping to keep our learning environment safe and tidy.
2 St Ursula	**Logan Johnson - Resilience** - Logan has worked so hard this week in all lessons. He tries so hard and stays focused and does not give up, even when he finds something challenging. Well done Logan!
3 St Thomas Becket	**Ridon Jomin -Service and Enea Spaho -Resilience** - Well done to Ridon and Enea for their amazing conduct on their school trip this week. Ridon for chatting with and supporting his friend, and Enea for keeping on going. Well done Ridon and Enea!
3 St Cedd	**Adeoluwa Oluwasola - Empathy** - Ade modelled true empathy on our trip this week, showing care and looking after someone who needed help, and then keeping them company for the whole trip.
4 St Bede	**Jesse Emenike -Enjoyment-** Jesse's enthusiasm for RE is contagious. This week, Jesse recalled the story of Abraham in great detail and has made fantastic contributions to our class discussions. Well done Jesse!
4 St Swithun	**Audrey Amoateng –Courage–** well done Audrey, for bravely beginning your new school life here at St Helen's. You work hard, are full of enthusiasm and are learning to make new friends. We are lucky to have you!
5 St Columba	**Enos Baker-Empathy** - it has been great to hear, from several members of staff, that Enos has shown true empathy in and around the school, showing understanding of others needs, offering kindness and consideration and helping other children to overcome problems around the School.
5 St Alban	**Daniel Abraham-Trustworthiness**– an excellent role model who can always be relied upon to make sensible, honest choices. He completes his work to a high standard consistently and he gives everything he has to his learning. Well done!
6 St Anne Line	**Angel Calabazaron-Trustworthiness**- Angel, can always be relied upon to carry out a task without being reminded. Will always do the right thing when chaos is dancing all around. You bring a calmness to us all in the storm.
6 St Osyth	**Sham Awadghanem-Trustworthiness** - for always completing her work to the best of her ability, for using her time effectively and self motivation to finish work. A role model to the rest of the class.
MDA Award	**Amber Thompson-1 St John Fisher- Service**-for being kind to others.
MDA Award	**Roel Boci-6 St Osyth-Empath**y-for being a good listener.
MDA Award	**Mrs Sears-Office-Service**-for helping set up the dining tables in the hall and doing it with a smile (What a star).
SLT Award	**Aiden Turay-5 St Alban-Resilience-**for being in class and working hard.
SLT Award	**Miss Johnston-Resilience-**for organising two trips perfectly, that ran smoothly.

Nourish

SPANISH DAY MENU

(MENÚ DEL DÍA ESPAÑOL)

MONDAY 12TH OCTOBER

(LUNES, 12 DE OCTUBRE)

Chicken Meatballs in Tomato Sauce
(ALBÓNDIGAS DE POLLO EN SALSA DE TOMATE)

Vegetarian Paella
(PAELLA VEGETARIANA)

Jacket Potatoes with a Choice of Toppings 7,8,9
(PATATAS ASADAS CON ELECCIÓN DE SALSAS)

Rice
(ARROZ)

Green Beans
(JUDÍAS VERDES)

Roasted Vegetables
(VERDURAS ASADAS)

Ice Cream 7
(HELADO)

Fruit Pots
(BOL DE FRUTAS)

Allergen code: (1) Wheat Gluten (2) Crustaceans (3) Soybean (4) Mustard (5) Sesame (6) Sulphites/Sulphur Dioxide
(7) Milk (8) Fish (9) Egg (10) Peanuts (11) Molluscs (12) Celeriac/Celery (13) Nuts (14) Lupins (15) Oat Gluten (16) Barley Gluten

THORPE BAY LAWN TENNIS CLUB EST. 1912

OCTOBER HALF TERM

Tennis Camp

Wed 21st & Thurs 22nd Oct

Wed 28th & Thurs 29th Oct

9.00am-1.30pm

Same price earlier start time

Price

£20 Members
£25 Non Members

10% discount for multi day or siblings

For kids aged 3-18 (Split groups)

All equipment provided by Thorpe Bay Lawn Tennis Club



Payment Details:

Account name - Thorpe Bay Lawn Tennis Club Limited

Sort Code - 30-92-53

Account no – 27496268

Ref – Childs name

Please bring drinks and snacks

For more information or to book contact:
Matt Bell 07786238586 or mattwgbell@aol.com

DAUGHTERS & DADS Cricket

ESSEX

PROGRAM LAUNCH IN NEWHAM & SOUTHEND





WHAT IS DAUGHTERS & DADS?

Daughters & Dads Cricket is a multi-award-winning program developed by researchers at the University of Newcastle that increases girls' cricket participation whilst boosting their skills and social-emotional wellbeing, as well as the father-daughter bond.



Daughters and Dads will improve your:

- Daughters cricket skills and engagement
- Daughter's social and emotional wellbeing
- Relationship with your daughter

UNIVERSITY OF NEWCASTLE AUSTRALIA

DAUGHTERS & DADS Cricket

ESSEX





NEWHAM & SOUTHEND

LOCATION:
Newham Leisure Centre,
281 Prince Regent Ln,
London, E13 8SD

DATES:
Saturday 18 October -
Saturday 13 December
(9 weeks)

SESSION TIMES:
10:00-11:30

AGES:
8 - 12 years (girls only)

CONTACT:
adel.roets@essexcricket.org.uk

LOCATION:
Southend High School for Girls,
Southchurch Blvd,
SS2 4UZ

DATES:
Monday 12 October -
Monday 14 December
(9 weeks)

SESSION TIMES:
18:30-20:00

AGES:
8 - 12 years (girls only)

CONTACT:
adel.roets@essexcricket.org.uk

NATIONAL TENNIS ASSOCIATION

MONSTER SMASH

HALLOWEEN TENNIS CAMP

SPOOKY SKILLS, MONSTER CHALLENGES, GAMES AND PRIZES!



Chalkwell Park

26th & 29th October 9.00-11.30am

5-10 / 11-15 years

CLICK ON THE LINK BELOW TO BOOK-
https://nationaltennis.org.uk/camps/london/

SCAN TO BOOK

JOIN THE FUN IF YOU DARE!

QUESTIONS? CONTACT: HELLO@NATIONALTENNIS.ORG.UK

Thursday 22nd Oct

NOURISH
GROW WITH US

BLACK HISTORY MONTH

SPECIAL MENU WITH DELICIOUS DISHES

OCT



Cuba's Ropa Vieja (Shredded Beef & Tomato Stew) RED

Bahamian Hot Patties (Spiced Vegetable Patty) 1 VG GREEN

Rice & Peas

Caribbean Corn

Dominican's Vanilla & Citrus Cake 1VG ORANGE BAGUETTE

Lime Cookies 1VG

Fruit Pots VG BLUE JACKET POTATO

Dishes marked with any of the following numbers contain the matching allergen:
1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk
8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten
V Vegetarian VG Vegan